

Are We Healthy?

According to the Centers for Medicare and Medicaid Services (CMS), “US National Health Expenditure (NHE) grew 5.8% to \$3.2 trillion in 2015, or \$9,990 per person, accounting for 17.8% of Gross Domestic Product (GDP), and is projected to grow to 19.9 percent by 2025”. In 2015, the annual revenues of the 12 best-selling prescription drugs alone were \$93 billion.

In the US, one out of two men and one out of three women will get cancer in their lifetime. Two out of three adults are obese or overweight and obesity is a gateway to cancer, diabetes, heart disease, stroke, depression and many other diseases. In fact, obesity is now overtaking smoking as the number one cause of cancer, and it is a much more difficult problem to solve than smoking. ***Most people view these facts as just statistics that don't apply to them until they become patients.***



Every child should have the opportunity to be healthy and well. One out of forty five children ages 3-17 have autism spectrum disorder, and they are currently getting very little help. Families struggle financially, emotionally and physically to care for children with autism, ADHD, ADD, cancer and many other debilitating conditions. ***Stanford just built a very large Children's Hospital to serve the sickest generation of children in the history of the United States.***

Many seniors live for extended periods in convalescent homes/hospitals, because of dementia or mobility problems, and they are often heavily medicated into a chronically sedated state, in which they are less able to make requests for immediate care.

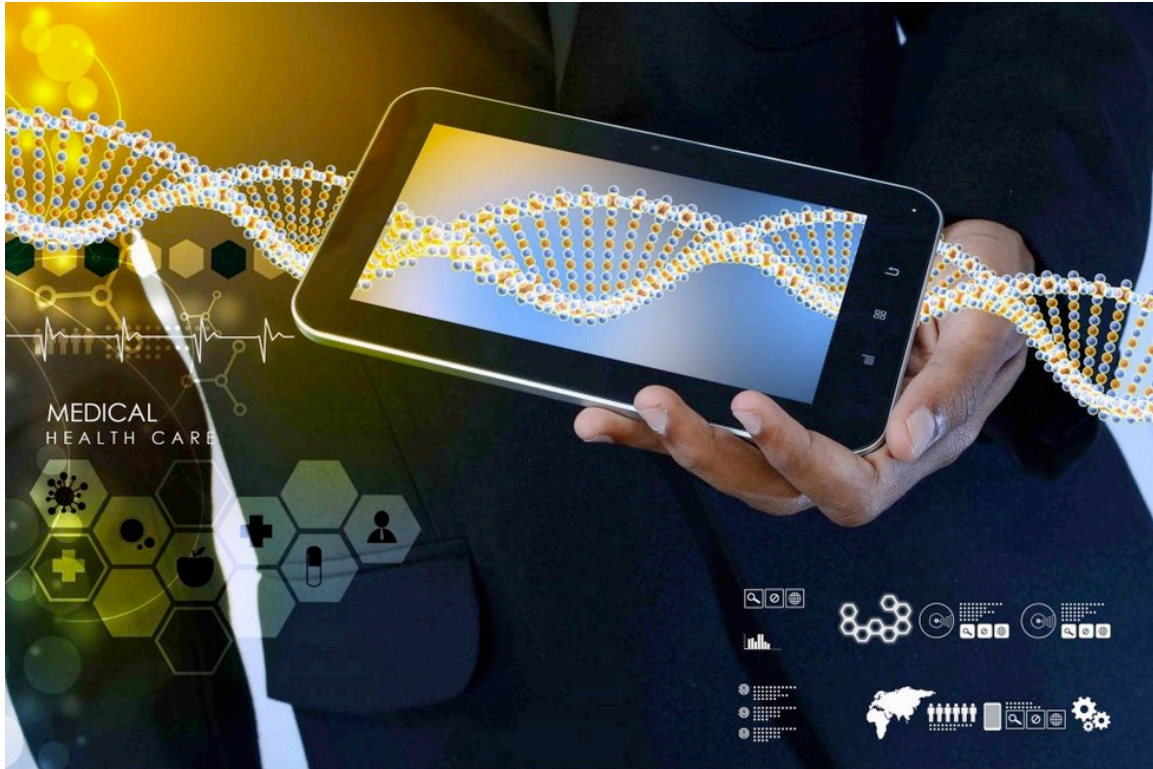


For every patient remaining at home, and no longer capable of self-care, at least two family members are required as caretakers. *While old age is a struggle for some, those who can afford it are spending millions looking for ways to extend their lives.*

The article, “Are You Rich Enough To Live Forever?” published in the May 2017 issue of the Town and Country magazine, mentions many scientific matters, including the opportunity to get one's whole DNA tested as part of a one-day \$25,000 physical exam from Health Nucleus. In other words, if you are wealthy, you can spend that amount of money trying to increase your lifespan. On the other end of the spectrum, for \$199, you can get a tiny fraction of your DNA tested by 23andMe (less than 0.1%), and learn about your ancestry, traits, and a few basic disease risks. Neither one of these choices are optimal for most people; one costs too much for the average person and the other does very little to help you improve your health or increase your longevity.

Iris Wellness Labs (IWL) has developed a state-of-the-art program that is highly effective, invaluable, and affordable. We test your whole DNA and the information you get from IWL is unique to you. Properly analyzed and understood, genomic information can be used to help you live a longer and healthier life. We aim to establish a lifelong relationship with you, your family, and your medical providers, enabling you and your family to have more direct control over your own health and wellness, through advanced

medical knowledge, so you can make the right informed decisions. We believe that everyone deserves a chance to live a healthier, longer life.



Some people, who previously had the DNA test from 23andMe have subsequently come to Iris Wellness Labs for more comprehensive DNA testing and integrated, in-depth analysis of family medical history, lifestyle and environmental exposures. IWL's highly sophisticated analysis, costing only \$3,500, includes a conference with each client and his or her ordering physician. No other company offers this complete service.

An introductory consultation, priced at \$99, reviews the available scientific knowledge and tests that can empower you and your physician to take action to optimize your health and wellness. ***IWL connects the scientific dots by focusing on 5 areas – comprehensive genetics, family medical history, lifestyle, environment, and microbiome – and shows how things are uniquely connected for each person.***

For more information, please visit www.iriswellnesslabs.com.

Written by Simon Chin, President and CEO