

Torchlight Energy to Host First Quarter 2014 Earnings and Operational Update Call

4:15 PM ET Thursday, May 15

PLANO, TX -- (Marketwired) -- 05/08/14 -- Torchlight Energy Resources, Inc. (NASDAQ: TRCH) ("Torchlight Energy" or "the Company"), a rapidly growing mid-continent oil and gas company, announced today that management will host a conference call and webcast to discuss its first quarter 2014 financial results and provide an update on its operations.

Date: Thursday, May 15, 2014

Time: 4:15 pm ET

Dial-in (US): 877-941-1429 Dial-in (Intl.): 480-629-9857 Conference ID: 4683113

Webcast: http://public.viavid.com/index.php?id=109217

A replay of the call will be available after 7:30 pm ET May 15, 2014. To access the replay, use 877-870-5176 for U.S. callers and 858-384-5517 for international callers. The PIN number is 4683113.

About Torchlight Energy

Torchlight Energy Resources, Inc. (NASDAQ: TRCH), based in Plano, Texas, is a high growth oil and gas Exploration and Production (E&P) company with a primary focus on acquisition and development of highly profitable domestic oil fields. The company currently holds interests in Texas, Kansas and Oklahoma where their targets are established plays such as the Eagle Ford Shale, Mississippi Limestone and Hunton Limestone trends. For additional information on the company, please visit www.torchlightenergy.com.

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Source: Torchlight Energy Resources, Inc.