

May 29, 2014



Torchlight Energy Announces Participation in Upcoming Investor Conferences

PLANO, TX -- (Marketwired) -- 05/29/14 -- [Torchlight Energy Resources, Inc.](#) (NASDAQ: TRCH) ("***Torchlight Energy***" or "***the Company***") announce today that management will present at the following investor conferences during the month of June.

[LD Micro Invitational](#)

Date: June 4, 2014 at 1:00 PM PT
Location: Sunset Luxe Hotel
Bel Air, California

[Newport Coast Securities 2014 National Sales & Equity Conference](#)

Date: June 13, 2014
Location: W New York Hotel
New York, NY

[3rd Annual ROTH Resources Corp. Access Day - London](#)

Date: June 23, 2014
Location: The Dorchester
London, UK

[GHS 100 Energy Conference](#)

Date: June 24, 2014 at 3:30 PM CT
Location: JW Marriott Hotel
Chicago, IL
Webcast: <http://wsw.com/webcast/ghs5/trch/>

Conference participation is by invitation only and registration is mandatory. For more information on the conferences or to schedule a one-on-one meeting, please contact the respective conference coordinators.

Please view Torchlight's website, www.torchlightenergy.com for additional information and available webcast of presentations.

About the 4th Annual LD Micro Invitational Conference

The LD Micro Invitational Conference is a one-day conference organized by LD Micro, an

internet-based newsletter that provides self-directed investors information on selected public companies that in the opinion of LD Micro have great investment potential. More than two hundred institutions focused on small and micro-cap stocks are expected to attend. A record number of investors attended the 2013 event and this year 100 companies will be presenting. For more information, please visit the conference website at <http://www.ldmicro.com/>

About Newport Coast Securities 2014 National Sales & Equity Conference

The Newport Coast Securities 2014 National Sales & Equity Conference will feature presentations from a carefully selected group of micro-cap & small cap growth companies as well as a select group of alternative investment sponsors in a very intimate setting. In attendance will be Newport's Financial Advisors & Senior management as well as some of the industry's best micro-cap investors. This event is designed to provide investors and advisors with a unique opportunity to gain insight into emerging growth companies and world class alternative investment opportunities

About The 3rd Annual ROTH Resources Corp. Access Day - London

This event will give investors the opportunity to meet with senior management of a select group of resource companies in a 1-on-1 / small group meeting format, consisting of 45-minute management-investor meetings to provide Roth's institutional clients with extensive interaction with senior management to gain in-depth insights into each company. Presenting issuers will be able to discuss the revolution taking place in the US Energy markets, emerging international plays and key industry service providers.

About the GHS 100 Energy Conference

The GHS 100 will feature over 100 companies exclusively selected from the energy sector. The conference will be held June 24-25, 2014 at Chicago's JW Marriott Hotel. It includes two full days of presentations, breakout sessions, 1x1 meetings, company-hosted dinners and other special events.

About Torchlight Energy

Torchlight Energy Resources, Inc. (NASDAQ: TRCH), based in Plano, Texas, is a high growth oil and gas Exploration and Production (E&P) company with a primary focus on acquisition and development of highly profitable domestic oil fields. The company currently holds interests in Texas, Kansas and Oklahoma where their targets are established plays such as the Eagle Ford Shale, Mississippi Limestone and Hunton Limestone trends. For additional information on the company, please visit www.torchlightenergy.com.

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Source: Torchlight Energy Resources, Inc.