

November 4, 2014



Torchlight Energy Announces Participation in Upcoming Conferences

PLANO, TX -- (Marketwired) -- 11/04/14 -- [Torchlight Energy Resources, Inc.](#) (NASDAQ: TRCH) ("Torchlight Energy" or "the Company") today announced that management will present at the following upcoming investor conferences.

[Executive Oil Conference](#)

Date: November 10-11, 2014

Location: Midland County Horseshoe
Midland, TX

[LD Micro Conference](#)

Date: December 2-4, 2014

Location: Luxe Hotel
Los Angeles, CA

Webcast: <http://wsw.com/webcast/ldmicro7/trch>

Conference participation is by invitation only and registration is mandatory. For more information on the conferences or to schedule a one-on-one meeting, please contact the conference coordinators. Webcasts of certain presentations will be made available on Torchlight Energy's website at <http://ir.torchlightenergy.com/ir-calendar>.

About Executive Oil Conference

For the last 19 years the Executive Oil Conference has brought thousands of oil and gas industry executives and managers to Midland, Texas, for education, networking and deal making -- all with one focus: the management of oil and gas property portfolios. This year's conference promises to be even better! The 2014 Executive Oil Conference is the connection to this world-class resource play. With 800+ attendees, 15+ executive-level speakers, 60+ exhibitors showcasing solutions, and 4+ hours of exclusive networking opportunities. For more information, please visit the conference website at <http://www.executiveoilconference.com/>.

About LD Micro Conference

The LD Micro Conference is a three-day conference organized by LD Micro, an internet-based newsletter that provides self-directed investors information on selected public companies that in the opinion of LD Micro have great investment potential. More than two hundred institutions focused on small and micro-cap stocks are expected to attend. For

more information, please visit the conference website at <http://www.ldmicro.com/>.

About Torchlight Energy

Torchlight Energy Resources, Inc. (NASDAQ: TRCH), based in Plano, Texas, is a high growth oil and gas company with a primary focus on acquisition and development of highly profitable domestic oil fields. The company currently holds interests in Texas, Kansas and Oklahoma where its targets are established plays such as the Eagle Ford Shale, Mississippi Limestone and Hunton Limestone trends. For additional information on the company, please visit www.torchlightenergy.com.

Investor Relations Contact

Derek Gradwell

SVP Natural Resources

MZ Group North America

Phone: 512-270-6990

Email: dgradwell@mzgroup.us

Web: www.mzgroup.us

Source: Torchlight Energy Resources, Inc.