

November 12, 2014



Torchlight Energy to Host Third Quarter 2014 Earnings and Operational Update Call

4:15 PM ET Thursday, November 20

PLANO, TX -- (Marketwired) -- 11/12/14 -- [Torchlight Energy Resources, Inc.](http://www.torchlightenergy.com) (NASDAQ: TRCH) ("***Torchlight Energy***" or "***the Company***"), a rapidly growing mid-continent oil and gas company, announced today that management will host a conference call and webcast to discuss its third quarter 2014 financial results, provide an update on its operations and subsequent events.

Date: Thursday, November 20, 2014

Time: 4:15 pm ET

Dial-in (US): 877-407-9039

Dial-in (Intl.): 201-689-8470

Conference ID: 13595906

Webcast: <http://public.viavid.com/index.php?id=111429>

A replay of the call will be available after 7:15 pm ET November 20, 2014. To access the replay, use 877-870-5176 for U.S. callers and 858-384-5517 for international callers. The PIN number is 13595906.

About Torchlight Energy

Torchlight Energy Resources, Inc. (NASDAQ: TRCH), based in Plano, Texas, is a high growth oil and gas Exploration and Production (E&P) company with a primary focus on acquisition and development of highly profitable domestic oil fields. The company currently holds interests in Texas, Kansas and Oklahoma where their targets are established plays such as the Eagle Ford Shale, Mississippi Limestone and Hunton Limestone trends. For additional information on the company, please visit www.torchlightenergy.com.

Investor Relations Contact

Derek Gradwell

MZ Group North America

Phone: 512-270-6990

Email: dgradwell@mzgroup.us

Web: www.mzgroup.us

Source: Torchlight Energy Resources, Inc.