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# First Choice Healthcare Solutions Announces Physical/Occupational Therapy Expansion

MELBOURNE, Fla., Jan. 08, 2019 (GLOBE NEWSWIRE) -- **First Choice Healthcare Solutions, Inc. (OTCQB: FCHS) ("First Choice" or the "Company")**, a physician-driven, patient-centric healthcare delivery platform providing a full life cycle of Orthopaedic and Spine care for patients through diagnosis, treatment and recovery, today announced the opening of the Company's fifth therapy location in Brevard County, Florida.

"With our experienced, caring physical therapist team, coupled with our state-of-the-art equipment, we are truly passionate about delivering clinically superior, patient-centric care," said Dr. Steve Ryland, DPT and Director of Therapy and Ancillary Services for First Choice. "Our new location was designed to ensure our patients get back to doing what they love in a comfortable environment that is close to home."

First Choice Physical Therapy's newest location is located at 4311 Norfolk Parkway, West Melbourne, FL 32904. The operating hours are 7 a.m. to 6 p.m. Monday through Friday. The modern 3,450-square-foot advanced treatment center includes three private exam rooms, the most up-to-date equipment to ensure evidenced based outcomes, and highly skilled therapists, who emphasize a hands-on approach to patient care. Our other locations are in Melbourne, Viera, Suntree and Indian Harbor Beach.

"Our team of expertly trained occupational and physical therapists are ready to help you," said Phillip Keller, the Company's interim Chief Executive Officer said. "Three-out-of-four of our patients avoid surgery, allowing them to get back to a normal life. First Choice delivers verifiable, lasting results, to keep patients healthy and living an active lifestyle."

## **Safe Harbor Statement**

Certain information set forth in this news announcement may contain forward-looking statements that involve substantial known and unknown risks and uncertainties. These forward-looking statements are subject to numerous risks and uncertainties, certain of which are beyond the control of First Choice Healthcare Solutions, Inc. Such forward-looking statements are based on current expectations, estimates and projections about the Company's industry, management beliefs and certain assumptions made by its management. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements. Information concerning factors that could cause the Company's actual results to differ materially from those contained in these forward-looking statements can be found

in the Company's periodic reports on Form 10-K and Form 10-Q, and in its Current Reports on Form 8-K, filed with the Securities and Exchange Commission. Unless required by law, the Company undertakes no obligation to update publicly any forward-looking statements, whether because of new information, future events, or otherwise to reflect future events or circumstances or reflect the occurrence of unanticipated events.

**About First Choice Healthcare Solutions, Inc.**

Headquartered in Melbourne, Florida, First Choice Healthcare Solutions (FCHS) operates medical Centers of Excellence which concentrate on treating patients in the following specialties: Orthopedics, Spine Surgery, Interventional Pain Management, Physical Therapy and other ancillary and diagnostic services. We focus on serving Florida's Space Coast where the Company's flagship integrated platform currently administers over 150,000 patient visits each year and is comprised of First Choice Medical Group, The B.A.C.K. Center and Crane Creek Surgery Center. For more information, please visit [www.myfchs.com](http://www.myfchs.com), [www.myfcmg.com](http://www.myfcmg.com), [www.thebackcenter.net](http://www.thebackcenter.net) and [www.cranecreeksurgerycenter.com](http://www.cranecreeksurgerycenter.com).

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