

April 25, 2022



Gaia to Participate at Upcoming Investor Summit Group's Q2 Conference

Boulder, Colorado--(Newsfile Corp. - April 25, 2022) - Gaia, Inc. (NASDAQ: GAIA) ("Gaia" and/or the "Company"), a conscious media and community company, is scheduled to participate at the Q2 Investor Summit in May 2022.

Investor Summit Group's Q2 Investor Summit

Presentation: Wednesday, May 4th at 10:15 a.m. Eastern time

Webcast: [Link](#)

To receive additional information about this conference, please contact your conference representative or Gaia's investor relations team at GAIA@gatewayir.com.

About Gaia

Gaia is a member-supported global video streaming service and community that produces and curates conscious media through four primary channels-Seeking Truth, Transformation, Alternative Healing and Yoga-in four languages (English, Spanish, French and German) to its members in 185 countries. Gaia's library includes over 10,000 titles, 80% of which is exclusive to Gaia, and approximately 75% of viewership is generated by content produced or owned by Gaia. Gaia is available on Apple TV, iOS, Android, Roku, Chromecast, and sold through Amazon Prime Video and Comcast Xfinity. For more information about Gaia, visit www.gaia.com.

Company Contact:

Paul Tarell
Chief Financial Officer
Gaia, Inc.
Investors@gaia.com

Investor Relations:

Gateway Group
Cody Slach
(949) 574-3860
GAIA@gatewayir.com