

Gaia Sets Fourth Quarter and Full Year 2016 Conference Call for Monday, February 27, 2017 at 4:30 p.m. ET

BOULDER, CO -- (Marketwired) -- 02/17/17 -- Gaia, Inc. (NASDAQ: GAIA), a lifestyle media company, will conduct a conference call on Monday, February 27, 2017 at 4:30 p.m. Eastern time (2:30 p.m. Mountain time) to discuss its financial results for the fourth quarter and full year ended December 31, 2016. The company will report its financial results in a press release prior to the call.

Gaia management will host the conference call, followed by a question and answer period.

Date: Monday, February 27, 2017

Time: 4:30 p.m. Eastern time (2:30 p.m. Mountain time)

Toll-free dial-in number: 1-888-576-4398 International dial-in number: 1-719-325-2362

Conference ID: 9700506

Please call the conference telephone number 5-10 minutes prior to the start time. An operator will register your name and organization. If you have any difficulty connecting with the conference call, please contact Liolios at 1-949-574-3860.

About Gaia

Gaia is a global digital video streaming service and online community that provides curated conscious media content to its subscribers in 130 countries. Over 90% of its 7,500 titles are available for streaming exclusively on Gaia through most devices connected to the Internet and 80% of the views are generated by content produced or owned by Gaia. For more information about Gaia, visit www.gaia.com.

Contacts

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Source: Gaia, Inc.