

May 14, 2019



Gaia to Attend the 20th Annual B. Riley FBR Investor Conference on May 22-23, 2019

BOULDER, Colo., May 14, 2019 (GLOBE NEWSWIRE) -- Gaia, Inc. (NASDAQ: GAIA), a conscious media and community company, will present at the 20th Annual B. Riley FBR Investor Conference, which is being held on May 22-23, 2019 at The Beverly Hilton Hotel in Beverly Hills, California.

Gaia management is scheduled to hold a fireside chat on Thursday, May 23, at 10:00 a.m. Pacific time, with one-on-one meetings held throughout the conference.

To receive additional information, request an invitation or to schedule a one-on-one meeting, please contact your B. Riley representative, or Gaia's investor relations team at GAIA@gatewayir.com.

About Gaia

Gaia is a global video streaming service and community that provides curated conscious media in four primary channels—Seeking Truth, Transformation, Alternative Healing and Yoga—to its subscribers in 185 countries with approximately 8,000 titles. Over 90% of its library is exclusive to Gaia, and approximately 80% of the views are generated by content produced or owned by Gaia. For more information about Gaia, visit www.gaia.com.

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