

August 1, 2016



## **Gaia Sets Second Quarter 2016 Conference Call for Monday, August 8, 2016 at 5:00 p.m. ET**

BOULDER, CO -- (Marketwired) -- 08/01/16 -- Gaia, Inc. (NASDAQ: GAIA), a lifestyle media company, will conduct a conference call on Monday, August 8, 2016 at 5:00 p.m. Eastern time (3:00 p.m. Mountain time) to discuss its financial results for the second quarter ended June 30, 2016. The company will report its financial results in a press release prior to the call.

Gaia management will host the conference call, followed by a question and answer period.

Date: Monday, August 8, 2016

Time: 5:00 p.m. Eastern time (3:00 p.m. Mountain time)

Toll-free dial-in number: 1-877-545-1403

International dial-in number: 1-719-325-4747

Conference ID: 9361924

Please call the conference telephone number 5-10 minutes prior to the start time. An operator will register your name and organization. If you have any difficulty connecting with the conference call, please contact Liolios at 1-949-574-3860.

### **About Gaia**

*Gaia is a global digital video streaming service and online community that provides curated, conscious media content to its subscribers in 120 countries. Over 90% of its 7,000 titles are available for streaming exclusively on Gaia through most devices connected to the Internet and 80% of the views are generated by content produced or owned by Gaia.*

### **Contacts**

Paul Tarell Jr.  
Gaia, Inc.  
(303) 222-3330  
[Email Contact](#)

Cody Slach  
Liolios  
(949) 574-3860  
[Email Contact](#)

Source: Gaia, Inc.

