

Gaia to Present at Sidoti Virtual Investor Conference June 11-12

BOULDER, Colo., June 04, 2025 (GLOBE NEWSWIRE) -- Gaia, Inc. (NASDAQ: GAIA) ("Gaia" and/or the "Company"), a conscious media and community company, will present and host one-on-one meetings with investors at the Sidoti June Virtual Investor Conference, taking place on June 11-12, 2025.

Gaia's presentation is scheduled for Thursday, June 12th. The Company's CEO James Calhoun and CFO Ned Preston will also host virtual one-on-one meetings with investors on Wednesday and Thursday, June 11th and 12th.

To register for the presentation or one-on-ones, visit<u>www.sidoti.com/events</u>. Registration is free and you don't need to be a Sidoti client.

About Sidoti Events, LLC ("Events") and Sidoti & Company, LLC ("Sidoti")

In 2023, <u>Sidoti & Company, LLC (www.sidoti.com</u>) formed an affiliate company, Sidoti Events, LLC in order to focus exclusively on its rapidly growing conference business and to more directly serve the needs of presenters and attendees. The relationship allows Events to draw on the 25 years of experience Sidoti has as a premier provider of independent securities research focused specifically on small and microcap companies and the institutions that invest in their securities, with most of its coverage in the \$200 million-\$5 billion market cap range. Sidoti's coverage universe comprises approximately 160 equities, of which 50 percent participate in the firm's rapidly growing Company Sponsored Research ("CSR") program. Events is a leading provider of corporate access through the eight investor conferences it hosts each year. By virtue of its direct ties to Sidoti, Events benefits from Sidoti's small- and microcap-focused nationwide sales force, which has connections with approximately 2,500 institutional relationships in North America. This enables Events to provide multiple forums for meaningful interaction for small and microcap issuers and investors specifically interested in companies in the sector.

About Gaia

Gaia is a member-supported global video streaming service and community that produces and curates conscious media through four primary channels—Seeking Truth, Transformation, Alternative Healing and Yoga—in four languages (English, Spanish, French and German) to its members in 185 countries. Gaia's library includes over 10,000 titles, over 88% of which is exclusive to Gaia, and approximately 75% of viewership is generated by content produced or owned by Gaia. Gaia is available on Apple TV, iOS, Android, Roku, Chromecast, and sold through Amazon Prime Video and Comcast Xfinity. For more information about Gaia, visit <u>www.gaia.com</u>. **Company Contact:** Ned Preston Chief Financial Officer Gaia, Inc. Investors@gaia.com

Investor Relations: Cody Slach Gateway Group, Inc. 949-574-3860 GAIA@gateway-grp.com



Source: Gaia, Inc.