

August 22, 2018



Gaia to Present at 7th Annual Liolios Gateway Conference and Dougherty & Company 3rd Annual Institutional Investor Conference September 5-6

Boulder, Colorado, Aug. 22, 2018 (GLOBE NEWSWIRE) -- Gaia, Inc. (NASDAQ: GAIA), a conscious media and community company, is scheduled to present at the following investor conferences in early September.

Liolios 7th Annual Gateway Conference

Where: Four Seasons Hotel, San Francisco

When: September 5-6, 2018

Presentation Time: September 5th, 10:00 AM PT

Conference Website: Gateway-Conference.com

Dougherty & Company 3rd Annual Institutional Investor Conference

Where: Millennium Hotel, Minneapolis

When: September 6, 2018

Presentation Time: 1x1 and Small Group Meetings Only

Conference Website: Dougherty Markets Conference Home

To receive additional information, please contact Liolios at Gaia@liolios.com, or your Dougherty representative.

About Gaia

Gaia is a global video streaming service and community that provides curated conscious media in three primary channels—Seeking Truth, Transformation and Yoga—to its subscribers in 180 countries with over 8,000 titles. Over 90% of its library is exclusive to Gaia, and approximately 80% of the views are generated by content produced or owned by Gaia. For more information about Gaia, visit www.gaia.com.

Contacts

Paul Tarell

Gaia, Inc.

(303) 222-3330

Paul.Tarell@gaia.com

Cody Slach
Liolios Investor Relations
(949) 574-3860
GAIA@liolios.com

The logo for Gaia, featuring the word "Gaia" in a bold, teal-colored, sans-serif font.

Source: Gaia