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## Gaia Announces 500,000 Member Milestone

BOULDER, Colo., Sept. 04, 2018 (GLOBE NEWSWIRE) -- Gaia, Inc. (NASDAQ: GAIA), a conscious media and community company, announced today that it will reach its 500,000 paying subscriber milestone in the next 10 days.

The company is also scheduled to participate at the following investor conference next week.

### Lake Street 2018 Best Ideas Growth (BIG) Conference

**Where:** Parker New York

**When:** September 13, 2018

**Conference Website:** [Lake Street NYC BIG Conference](#)

To receive additional information, please contact Liolios at [Gaia@liolios.com](mailto:Gaia@liolios.com), or your respective company representative.

### About Gaia

Gaia is a global video streaming service and community that provides curated conscious media in three primary channels—Seeking Truth, Transformation and Yoga—to its subscribers in 180 countries with over 8,000 titles. Over 90% of its library is exclusive to Gaia, and approximately 80% of the views are generated by content produced or owned by Gaia. For more information about Gaia, visit [www.gaia.com](http://www.gaia.com).

### Forward-Looking Statements

This press release includes forward-looking statements relating to matters that are not historical facts. Forward-looking statements may be identified by the use of words such as “expect,” “believe,” “will,” or comparable terminology or by discussions of strategy. While Gaia believes its assumptions and expectations underlying forward-looking statements are reasonable, there can be no assurance that actual results will not be materially different. Risks and uncertainties that could cause materially different results include, among others, operating losses, general economic conditions, competition, changing consumer preferences, acquisitions, new initiatives undertaken by us, costs of acquiring new subscribers, subscriber retention rates, and other risks and uncertainties included in Gaia’s filings with the Securities and Exchange Commission. Gaia assumes no duty to update any forward-looking statements.

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# Gaia

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