

March 5, 2018



Gaia to Participate in the 30th Annual ROTH Conference on March 12-13, 2018

BOULDER, Colo., March 05, 2018 (GLOBE NEWSWIRE) -- Gaia, Inc. (NASDAQ:GAIA), a conscious community and media company, has been invited to participate at the 30th Annual ROTH Capital Partners Conference. The conference is being held March 11-14, 2018 at the Ritz-Carlton Hotel in Dana Point, California.

Gaia management will hold one-on-one meetings with investors on Monday, March 12 and Tuesday, March 13.

For more information about the conference or to schedule a one-on-one meeting with Gaia management, please contact your ROTH representative or the company's investor relations team at 949-574-3860.

About Gaia, Inc.

Gaia is a global video streaming service and community that provides curated conscious media in three primary channels—Seeking Truth, Transformation and Yoga—to its subscribers in over 170 countries. Over 90% of its 8,000+ titles are available for streaming exclusively on Gaia through most devices connected to the internet and approximately 80% of the views are generated by content produced or owned by Gaia. For more information about Gaia, visit www.gaia.com.

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