

March 11, 2026



Gaia Announces March Investor Conference Schedule

BOULDER, Colo., March 11, 2026 (GLOBE NEWSWIRE) -- **Gaia, Inc. (NASDAQ: GAIA)**, a conscious media and community company, will participate in the following upcoming investor events:

- **[Sidoti Small-Cap Virtual Conference](#)**

Date: Wednesday, March 18th – Thursday, March 19th, 2026

Location: Virtual

- **[38th Annual ROTH Conference](#)**

Date: Sunday, March 22nd – Tuesday, March 24th, 2026

Location: Dana Point, California

For additional information about the events or to schedule a one-on-one meeting with Gaia, please contact GAIA@gateway-grp.com.

About Gaia

Gaia is a member-supported global video streaming service and community that produces and curates conscious media through four primary channels — Seeking Truth, Transformation, Alternative Healing, and Yoga — in four languages (English, Spanish, French, and German) to its members in 185 countries. Gaia's library includes over 10,000 titles, over 85% of which is exclusive to Gaia, and approximately 75% of viewership is generated by content produced or owned by Gaia. Gaia is available on Apple TV, iOS, Android, Amazon Fire, Roku, Chromecast, and sold through Amazon Prime Video and Comcast Xfinity. For more information about Gaia, visit www.gaia.com.

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