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Travel Channel and Gaia Release "Bizarre Foods Collection 5 Part 2" on DVD

NEW YORK, Feb. 1, 2012 /PRNewswire/ -- Gaia, Inc., a leading producer of lifestyle media, announces today the DVD release of Travel Channel's critically-acclaimed series ***Bizarre Foods Collection 5 Part 2*** under its exclusive home video license agreement with Travel Channel.

Chef, writer and culinary explorer Andrew Zimmern is back for more exotic food adventures around the world. Andrew's palate is game for anything and everything, as he takes viewers on a journey across the globe experiencing distinctive cultures and traditional foods unlike anything Andrew has ever tasted before.

In ***Bizarre Foods Collection 5 Part 2***, Andrew visits ten destinations and introduces viewers to cuisines that only the strongest stomachs can digest. Andrew steps out of his comfort zone as he fishes for piranha in Suriname. While in Indonesia, Andrew explores both the culture and cuisine by drinking cobra blood and sampling water buffalo entrails. No matter where he is, you can be sure the guy with the iron stomach is ready to dish up the most unimaginable cuisines.

Also included in Collection 5 Part 2, are four bonus episodes taking Andrew to places where the motto is: if it swims, slithers or scampers, it's on the menu. While traveling to Vietnam, Taiwan, Alaska and Trinidad and Tobago, Andrew samples seven courses of snake, bees, curried iguana and reindeer pizza. Expect Andrew to sit down and take a bite of everything in front of him, regardless of how it smells.

This three-disc set has a run time of 602 minutes and an SRP of \$24.98. **Street date:** February 7, 2012.

Bizarre Foods Collection 5 Part 2 will be available in stores and online wherever DVDs are sold.

TRAVEL CHANNEL (<http://www.travelchannel.com>) is a multiplatform travel lifestyle brand with the core mission of providing inspiring and compelling programming that takes viewers beyond their every day destinations, making the unfamiliar familiar, whether it's around the world or around the block. A dual feed network that is also available in HD, Travel Channel is the world's leading travel media brand, and is available in 96 million U.S. cable homes. Owned and operated by Scripps Networks Interactive (NYSE: SNI), Travel Channel has offices in Chevy Chase, MD, and New York, NY. Scripps Networks Interactive (NYSE: SNI) also owns and operates HGTV, DIY Network, Food Network, Cooking Channel and Great American Country.

About GAIAM

Gaiam, Inc. (Nasdaq: GAIA) is a leading producer and marketer of lifestyle media and fitness accessories. With a wide distribution network that consists of 62,000 retail doors, 14,400 store within stores, 5,600 media category management locations, a digital distribution platform and more than 10 million direct customers, Gaiam is dedicated to providing solutions for healthy and eco-conscious living. The company dominates the health and wellness category and releases non-theatrical programming focused on family entertainment and conscious media. In addition, Gaiam has an exclusive licensing agreement with Discovery Communications and other licensing partners. For more information about Gaiam, please visit www.gaiam.com or call 1.800.869.3603.

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