

November 8, 2018



SEER to Host Third Quarter Financial Results and Operational Update Conference Call on Thursday, November 29, 2018 at 4:30 p.m. ET

GOLDEN, Colo., Nov. 08, 2018 (GLOBE NEWSWIRE) -- [Strategic Environmental & Energy Resources, Inc.](#) (SEER) (OTCQB: [SENR](#)), a provider of environmental, renewable fuels and industrial waste stream management services, will hold a conference call on Thursday, November 29, 2018 at 4:30 p.m. Eastern time to discuss its financial results for the third quarter ended September 30, 2018 and upcoming operational updates. Financial results will be issued in a press release on Thursday, November 15, 2018 in conjunction with the company's 10-Q filing.

SEER CEO John Combs and CFO Heidi Anderson will host the conference call, followed by a question and answer period.

Date:	Thursday, November 29, 2018
Time:	4:30 p.m. Eastern time (1:30 p.m. Pacific time)
Toll-free dial-in number:	1-888-254-3590
International dial-in number:	1-323-994-2093
Conference ID:	6382883

Please call the conference telephone number 5-10 minutes prior to the start time. An operator will register your name and organization. If you have any difficulty connecting with the conference call, please contact MZ Group at 1-949-491-8235.

The conference call will be broadcasted live and available for replay at <http://public.viavid.com/index.php?id=132257> and via the investor relations section of the company's website at www.seer-corp.com.

A replay of the conference call will be available after 7:30 p.m. Eastern time through December 29, 2018.

Toll-free replay number:	1-844-512-2921
International replay number:	1-412-317-6671
Replay ID:	6382883

About Strategic Environmental & Energy Resources, Inc.

Strategic Environmental & Energy Resources, Inc. (SEER) (OTCQB: SENR), identifies, secures, and commercializes patented and proprietary environmental clean technologies in several multibillion dollar sectors (including oil & gas, renewable fuels, and all types of waste management, both solid and gaseous) for the purpose of either destroying/minimizing hazardous waste streams more safely and at lower cost than any competitive alternative, and/or processing the waste for use as a renewable fuel for the benefit of the customers and the environment. SEER has three wholly-owned operating subsidiaries: REGS, LLC; MV Technologies, LLC and SEER Environmental Materials, LLC; and three majority-owned subsidiaries: Paragon Waste Solutions, LLC; ReaCH4biogas ("Reach") and Pellechar, LLC. For more information about the Company visit: www.seer-corp.com.

Investor Relations

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Source: Strategic Environmental & Energy Resources, Inc.