

Torchlight Energy Announces Participation in Upcoming Investor Conferences

PLANO, TX -- (Marketwired) -- 01/21/14 -- <u>Torchlight Energy Resources, Inc.</u> (NASDAQ: TRCH) *("Torchlight Energy" or "the Company")* announced today that management will present at the following investor conferences in February 2014.

IPAA OGIS Florida

Date: February 12, 2014 at 2:45 PM ET

Location: The Ritz Carlton

Ft. Lauderdale, FL

EnerCom Oil & Gas Conference

Date: February 19, 2014 at 2:20 PM PT

Location: Omni San Francisco

San Francisco, CA

Conference participation is by invitation only and registration is mandatory. For more information on either conferences or to schedule a one-on-one meeting, please contact the respective conference coordinators.

Please view Torchlight's website, <u>www.torchlightenergy.com</u>, for available information.

About OGIS® Florida

The IPAA Oil & Gas Investment Symposium San Francisco (OGIS San Francisco) has become one of the premier outlets for publicly traded independent exploration and production, service and supply and MLP companies to present their company profiles to the investment community.

About EnerCom Oil & Gas Conference

EnerCom's The Oil & Services Conference™ 12 is a well-attended major investment forum featuring presentations from E&P and OilService companies, energy research analysts, and industry thought-leaders. Founded in 2003 by EnerCom, The Oil & Services Conference™ annually brings together executives and investment professionals focused on the global oil and gas industry. Global conference sponsors of TOSC 12 are Credit Agricole Corporate and Investment Bank, Netherland, Sewell & Associates, Preng &

Associates, Hein & Associates, and Wunderlich Securities.

About Torchlight Energy

Torchlight Energy Resources, Inc. (NASDAQ: TRCH), based in Plano, Texas, is a high growth oil and gas Exploration and Production (E&P) company with a primary focus on acquisition and development of highly profitable domestic oil fields. The company currently holds interests in Texas, Kansas and Oklahoma where their targets are established plays such as the Eagle Ford Shale, Mississippi Limestone and Hunton Limestone trends. For additional information on the company, please visit www.torchlightenergy.com.

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Source: Torchlight Energy Resources, Inc.