

Torchlight Energy to Host Year End 2013 Earnings and Operational Update Call

4:30 PM ET Monday, March 31

PLANO, TX -- (Marketwired) -- 03/27/14 -- <u>Torchlight Energy Resources, Inc.</u> (NASDAQ: TRCH) ("Torchlight Energy" or "the Company"), a rapidly growing mid-continent oil and gas company, announce today that management will host a conference call and webcast to discuss its year end 2013 financial results and provide an update on its drilling operations.

Date: Monday, March 31, 2014

Time: 4:30 pm ET

Dial-in (US): 877-941-1427

Dial-in (International): 480-629-9664

Conference ID: 4675987

Webcast: http://public.viavid.com/index.php?id=108447

A replay of the call will be available after 7:30 pm ET March 31, 2014. To access the replay, use 877-870-5176 for U.S. callers and 858-384-5517 for international callers. The PIN number is 4675987.

About Torchlight Energy

Torchlight Energy Resources, Inc. (NASDAQ: TRCH), based in Plano, Texas, is a high growth oil and gas Exploration and Production (E&P) company with a primary focus on acquisition and development of highly profitable domestic oil fields. The company currently holds interests in Texas, Kansas and Oklahoma where their targets are established plays such as the Eagle Ford Shale, Mississippi Limestone and Hunton Limestone trends. For additional information on the company, please visit www.torchlightenergy.com.

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Source: Torchlight Energy Resources, Inc.